



Parkinson Association of Orange County

Parkinson's Puzzle

Find the Ten Early Warning Signs of Parkinson's Disease

The sets of words below which describe the 10 early warning signs of Parkinson's Disease can be found in the set of letters in the box across, or up and down in either direction or diagonally in either direction. Circle the words as you find them.

- Awkward Gait
- Constipation
- Dizziness
- Small Handwriting
- Hunching Over
- Soft Voice
- Loss of Smell
- Tremors
- Masked Face
- Sleeplessness

s	s	e	n	i	z	z	i	d	a	u	q	z	r	i	b	w	v	j	m
h	d	i	h	s	r	x	o	h	u	w	n	h	u	u	k	a	r	q	a
g	d	w	d	u	s	t	p	r	l	h	k	s	d	w	u	e	e	h	s
d	c	a	l	o	l	e	o	m	t	w	j	w	c	f	v	c	a	a	k
t	s	w	a	o	f	v	n	r	e	z	y	o	a	o	b	s	q	w	e
d	v	l	o	s	s	o	f	s	m	e	l	l	g	r	x	q	o	c	d
g	i	n	q	k	x	e	g	b	s	o	p	n	c	l	d	x	c	s	f
e	q	o	e	s	d	y	z	m	i	e	i	j	b	o	l	g	o	w	a
g	n	i	t	i	r	w	d	n	a	h	l	l	a	m	s	f	a	d	c
t	w	t	g	l	v	o	a	z	c	b	s	p	g	s	t	q	y	i	e
a	c	a	v	r	a	q	m	n	n	r	z	f	e	v	w	v	h	i	t
t	t	p	e	b	n	q	u	e	b	a	a	l	o	e	c	p	o	j	z
l	r	i	f	b	j	h	o	q	r	r	g	i	g	a	l	q	h	o	z
f	o	t	w	x	c	v	m	c	u	t	c	m	v	o	c	s	t	p	q
b	l	s	b	q	y	m	b	o	r	e	a	r	l	g	s	n	q	u	d
h	k	n	l	s	j	x	s	p	v	j	d	a	o	j	c	u	t	m	t
z	s	o	g	r	a	s	g	a	z	c	p	s	a	y	k	i	e	r	w
l	l	c	x	f	j	y	w	h	t	m	q	a	s	j	z	l	i	g	h
s	a	r	s	r	o	h	t	h	w	v	s	t	b	z	j	z	a	x	f
r	p	o	o	y	d	f	y	i	t	h	c	n	g	v	q	a	y	o	i

Find the answer to the puzzle on page 2



Parkinson Association of Orange County



Parkinson Association of Orange County

s s e n i z z i d a u q z r i b w v j m
h d i h s r x o h u w n h u u k a r q a
g d w d u s t p r l h k s d w u e e h s
d c a l o l e o m t w j w c f v c a a k
t s w a o f v n r e z y o a o b s q w e
d v l o s s o f s m e l l g r x q o c d
g i n q k x e g b s o p n c l d x c s f
e q o e s d y z m i e i j b o l g o w a
g n i t i r w d n a h l l a m s f a d c
t w t g l v o a z c b s p g s t q y i e
a c a v r a q m n n r z f e v w v h i t
t t p e b n q u e b a a l o e c p o j z
l r i f b j h o q r r g i g a l q h o z
f o t w x c v m c u t c m v o c s t p q
b l s b q y m b o r e a r l g s n q u d
h k n l s j x s p v j d a o j c u t m t
z s o g r a s g a z c p s a y k i e r w
l l c x f j y w h t m q a s j z l i g h
s a r s r o h t h w v s t b z j z a x f
r p o o y d f y i t h c n g v q a y o i

Answer to Parkinson's Puzzle

Continued from Page 1

- awkward gait
- constipation
- dizziness
- hunching over
- loss of smell
- masked face
- sleeplessness
- small handwriting
- soft voice
- tremors