

2019 Parkinson's Events - 1-1-19 # 247



HOPE EVERY ONE IS ENJOYING
A HAPPY NEW YEAR DAY



START THE NEW YEAR OFF WITH SOME NEW PARKINSON'S INFORMATION
FROM A NEW FACE IN THE PARKINSON'S COMMUNITY:

Dr. Saulena "Saul" Shafer, DO will be Speaking in Anaheim

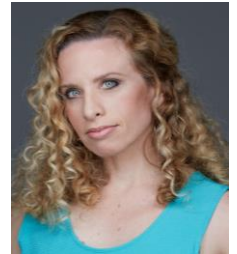
What is the 'Latest' in the World of Parkinson's?

Wednesday, January 2nd - 10:00 to 11:15am - Community Room

Want to know what is Happening in PD??? - Ask SAUL

Anaheim Senior Center - 250 E. Center St. - Anaheim 92805

Questions: Joan or Lou - 714 - 827-2808



Speaker: Allie Ross - V A Occupational Therapist

Sat., February 2nd. - 1:00 to 2:30pm

V / A Parkinson's Support Group - Bldg. 164 - 3rd Floor

Long Beach V/A - 5901 E. 7th Street - Long Beach 90822

Info: Dr. Megan Gomez - Licensed Clinical Psychologist - 562 - 706-0740

Speaker: Twyla Evano, PT, DPT, NCS

PWR-ful (Parkinson Wellness Recovery) - Exercise works for PwP

Sat., January 12th - 10:00 to Noon

Joslyn Center - 660 N Mountain Ave. - Claremont CA 91711

For Info: Roy Trujillo - 909 - 399-5488

Dr. Mindy Bixby, D.O. will restart the Lunch 'n Learn Series

Friday, February 1st, 2019 - 10:00 to 11:30am

Laguna Health and Wellness
24351 Moulton Parkway - Conference Room
Laguna Woods CA 92637 at Via Campo Verde
Darla LeVeque, LMT - Keeper of the Magic



For Information: David A. Bunch VOP - The Voice of Parkinson's



Speaker: Allie Ross - V A Occupational Therapist

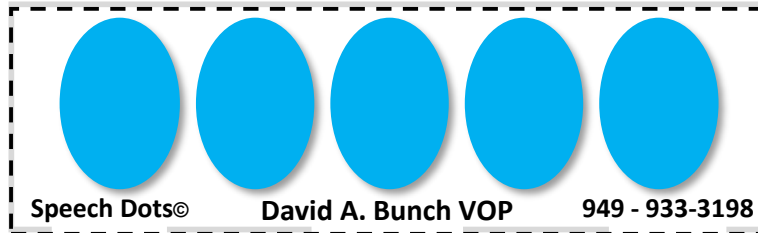
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What are Speech Dots® - How do they Help with Stuttering?



Speech Dots® may helps with Stuttering - Enunciation and Low Volume
As you speak, put a finger on a **Blue Oval** for each word you intend to speak

As you speak each word, touch the next Blue Oval. Enjoy!

I have no idea how they work, but in most cases they do...

Mississippi = one word - Can be laminated at Office Depot



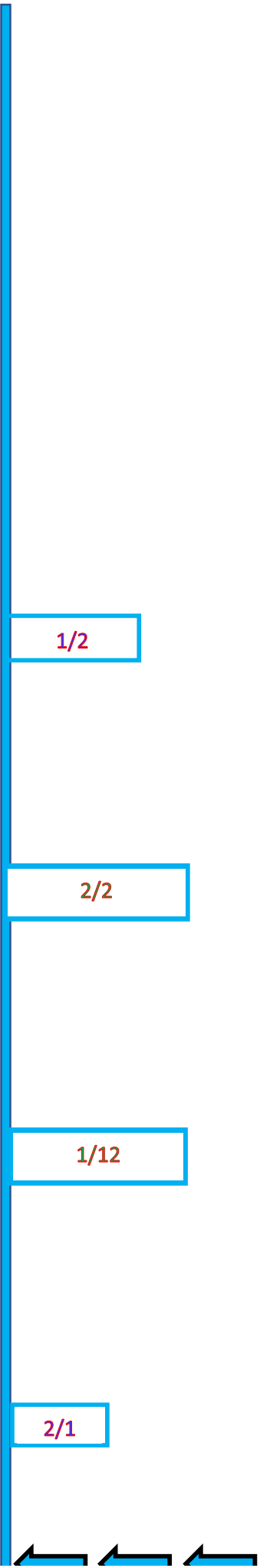
The 'New Kid' on the Block will be at Anaheim Jan. 2nd.

David A. Bunch VOP
The Voice of Parkinson's
949 - 933-3198



"The man who knows all things PD in OC"

Great web site www.socpsg.com	Want PD Info: www.CalPD.info Created by: Sue Buff	Great Resource socalparkinsons@gmail.com Great Job Sarah!!!
	O. C. Office on Aging - 800 - 510-2020 www.officeonaging.ocgov.com <hr/> Council on Aging - 714 - 479-0107 www.coasc.org	
	Drug Cost Too Much - Check out this Info: The Assistance Fund: www.tafcares.org 57 Programs - Manage 30+ Funds Since 2009 - 855 - 421-4608	



$1/2$

$2/2$

$1/12$

$2/1$



