

# Tremble Clefs Of Orange County



## Our Purpose:

We are a community of people with Parkinson's disease who have a desire to sing and explore the therapeutic value of music.

## Our goals :

- To enhance and maintain vocal and physical skills through vocal exercise and movement
- To promote interaction and communication within the Parkinson's community: caregivers and family as well as patients.
- To share our music with others and promote a better understanding of Parkinson's disease.

## Rehearsals

**Mondays (9:30 to 11:00 a.m)**

Florence Sylvester Memorial Sr. Ctr  
23721 Moulton Parkway  
Laguna Woods, CA 92637

**Thursdays (9:30 to 11:00 a.m)**

Emerald Court  
1731 W Medical Center Dr  
Anaheim, CA 92801

**\*\*NEW-Wednesdays (3:30 – 4:30 p.m.)-\*\*NEW**

Carmel Village  
17077 San Mateo St, Fountain Valley, CA 92708

- There are no requirements for our group except an INTEREST! You don't have to have a great voice to join or even any previous musical experience.
- The program is FREE to all participants
- Caregivers and families are invited to take part in rehearsals and performances

For more information, contact our director:

**Karen M. Skipper, MT-BC**

e-mail: [kmsmusic@cox.net](mailto:kmsmusic@cox.net) website: [www.octrembleclefs.com](http://www.octrembleclefs.com)



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